

“BUILD A MEAL” MENU OPTION (Secondary Students Only)

The Build A Meal option at the Middle/High schools allows students to select ala carte entrees with a side of fruit or vegetable to equal the standard school lunch price. The Build A Meal option is available to ALL students, including those who are eligible for free or reduced price lunches.

In order to qualify for the Build A Meal, the student must choose 1 entrée/sandwich/pizza **and** at least 1 to 3 side items from the list below – **at least 1 side item MUST be a fruit or vegetable:**

1 entrée (Sandwiches, Pizza, chicken nuggets, cheese sticks, etc) and 1 to 3 of the following:

- Side Salad
- Vegetable (Hot or cold)
- Fruit (whole, cut up, applesauce, raisin, etc)
- When Available - Select Fruit/Vegetable Drinks (must be from the salad bar-not the cooler)
- 1 milk

Build A Meal Examples:

Monday – Thursday: Pizza, milk, side salad, and apples = Build A Meal, Cheeseburger and carrots = Build A Meal

Friday: Hamburger, milk, fries and applesauce = Build A Meal

Items such as nachos, hot pretzels, chips, ice cream, fruit snacks, bottled beverages are **not** part of the Build A Meal option. These items are sold as a la carte items and must be paid for separately by **all** students at their full price.

A LA CARTE MENU ITEMS & PRICES*

Apple dippers	\$1.25
Bagel	\$0.65
Beef Jerky	\$2.00
Bottled large drinks	\$1.50
Bottled small drinks	\$1.00
Chef or specialty salad	\$2.55
Chips, assorted flavors	\$1.00
Chocolate chip cookie,	\$0.50
Frosted Cookie	\$0.50
Packaged Cookie	\$0.65
Cold or hot sandwich or wrap	\$2.55
Cup of cheese, cream cheese, salsa	\$0.35
Fries, tater tots, etc	\$0.75
Fruit snacks	\$0.75
Fruit, fresh	\$0.50
Fruit, portioned or packaged	\$0.50
Gum	\$2.00
Ice cream	\$1.50
Juice box	\$0.75
Milk	\$0.50
Muffin	\$0.75
Nachos Chips or Pretzel - NO CHEESE (cheese sold separately)	\$1.00
Pickle, whole	\$0.50
Pizza	\$2.55
Salad (entrée)	\$2.55
Salad (side)	\$0.50
Smoothie Small	\$2.00
Smoothie Large	\$2.50
Soup	\$1.50
String Cheese	\$0.35
Water bottle	\$1.50
Yogurt Small	\$1.00
Yogurt Parfait	\$2.55
Yogurt – Frozen (Yo Mama! Brand)	\$3.00

* This list is only a guide. Availability of items may vary. Prices subject to change without notice.